Print Test

1. Life Scripts are a complex set of unconscious relational patterns based on what?

- implicit experiential conclusions
- physiological survival reactions
- explicit decisions
- All of the above

2. Life Scripts are a result of the cumulative failures in significant, dependent relationships.

- True
- False

3. Scripts are often developed by ?

- Children
- Adults
- infants
- All of the above

4. The purpose of a serious in-depth psychotherapy is the resolution of a client’s unconscious script inhibitions or compulsions in relationship with people, inflexibility in problem-solving and deficiencies in health care.

- True
- False

5. All Life Scripts are based on parental injunctions or script decisions.

- True
- False

6. Implicit experiential conclusions are composed of ?
7. Script cure at the physiological level is a letting go what?

- tensions
- internal restrictions
- body armoring
- All of the above

8. What are some obvious characteristics of a change in body scripts?

- increased energy
- becoming underweight
- becoming overweight
- loss of energy

9. It is the responsibility of the psychotherapist to focus on?

- retroflections and early childhood coping strategies
- bodily processes
- physiological reactions
- All of the above

10. Introjection is an unconscious self-protective identification with aspects of the personality of significant others that occurs in the absence of full contact, where crucial needs were unfilled in a dependent relationship.

   True
   False

11. Introjection provides a psychological compensation for unsatisfied relational-needs and disruptions in essential interpersonal contact.

   True
   False

12. Script cure is the primary goal of an integrative ____________.

   relationship
   psychotherapy
   discussion
   none of the above

13. An effective relational psychotherapy includes the psychotherapist’s acknowledgement of
14. Scripts forms from a composite of?

- physiological survival reactions
- body distortion
- relational failures
- Both A and C

15. It is necessary in a relational and integrative psychotherapy that the psychotherapist provides an ongoing inquiry into the client’s phenomenological experience of each developmentally dependent relationship

- True
- False

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