1. With the school year recently underway, the symptoms of certain anxiety disorders, such as separation anxiety disorder and social anxiety disorder (also called social phobia), might become more apparent.

   True  
   False

2. Signs of separation anxiety disorder in children may include: Following a parent around.

   True  
   False

3. Separation anxiety disorders and specific phobias tend to occur between the ages of 10 to 16.

   True  
   False

4. If left untreated, anxiety disorders can lead to?

   Low self-esteem  
   Alcohol or drug use  
   Poor school performance  
   Repeated school absences  
   They are all correct

5. Signs of social anxiety disorder in children does not include?

   Avoidance or refusal to initiate conversations  
   Avoidance of eye contact  
   Loud speaking  
   Concern about negative evaluation

6. Children with selective mutism may: Stand motionless and expressionless, turn their heads, chew or twirl hair or withdraw into a corner when expected to speak.
7. School refusal or avoidance is an anxiety disorder.

True  
False

8. Signs of school refusal/avoidance in children do not include:

- Tantrums
- Nausea and diarrhea
- Defiance
- Sleeplessness
- Passiveness

9. Children with anxiety disorder may have poor physical activity.

True  
False

10. Many children experience separation anxiety between?

- 6 months and 3 years
- 1 and half years and 3 years
- 2 years and 3 years
- Not Here

11. Panic disorder is common in young children.

True  
False

12. Specific Phobias are intense, irrational fears of specific objects, places or situations.

True  
False

13. Separation anxiety disorders and specific phobias tend to occur between the ages of?

- 1 and 3
- 4 and 5
- 5 and 6
- 6 and 9

14. Group Psychotherapy provides a child a safe place to talk with other children to practice?
social and symptom-controlling skills in a structured setting
learn to replace negative thinking patterns
learn to replace negative behaviors
not listed

15. Children often experience the symptoms of anxiety disorders in ways similar to adults.

True
False

16. There are basic steps to follow that help assure the development of an effective treatment plan based on the collection of assessment data.

True
False

17. Increase interactions with others without excessive worry is a?

long term goal
behavioral definitions
short term goal
strategy

18. Use play therapy to help identify and talk about divorce, peers, alcohol abuse, or other situations that makes minor anxious is a

long term goal
short term goal
behavioral definitions
not listed

19. What is 300.23?

Agoraphobia
Social Anxiety Disorder
Panic Attacks
Substance/medication-induced Anxiety Disorder

20. SSRIs do not include?

Benzodiazepines
Paxil
Prozac
Zoloft