COURSES ARTICLE - THERAPYTOOLS.US

Print Test

1. Which of the following are signs that a child lacks confidence?
   - Shyness
   - Over-dependence
   - Procastination
   - All of the above

2. People who are important to children have a great affect on the development of self-esteem.
   - True
   - False

3. Which of the following are characteristics of a child with high self esteem?
   - Make friends easily
   - Unable to control behavior
   - Perfectionism
   - Procrastination

4. A child who fears rejection from his or her peer group is low self esteem behavior.
   - True
   - False

5. On average self-esteem during childhood is found to be relatively low.
   - True
   - False

6. Which is not a cause of low self esteem?
   - encouragement shortfall
   - parental anxiety
negative comparisons
family conflict
They are all correct

7. Attempts to please others over himself or herself is a characteristic of high self esteem.

True
False

8. Physical, sexual, or emotional abuse may be the most striking and overt causes of low self-esteem.

True
False

9. Many structured belief systems offer one path, that one that is all good. No exceptions made.

True
False

10. Which is a characteristic of a child with high self esteem?

I do not like me
I wish I were someone else
I can not do it
I do well

11. Which is not a symptom of low self esteem?

Sees self as unimportant
Sees self as unattractive
Blames self easily
Can not list any talents about self
They are all symptoms of low self esteem

12. Low self-esteem ties back to childhood experiences of criticism and punishment.

True
False

13. A person with low self esteem may feel extremely competent as a friend, but extremely insecure at work.

True
False
14. Which action do not lower self esteem?

- expecting too much or too little
- calling children clumsy
- protecting your child
- calling children lazy

15. Not aligning the client to participate may ignore some needs needing immediate attention.

True
False

16. Allow minor to participate in play-therapy to allow free expression of feelings is a?

- long term goal
- short term goal
- strategy
- behavioral definitions

17. Fears rejection from his or her peer group is a?

- short term goal
- behavioral definitions
- strategy
- none of the above

18. Encourage minor to identify and affirm positive things about self for the first five minutes of each therapy session is a?

- strategy
- long term goal
- short term goal
- behavioral definitions

19. What is 309.21 (F93.0)?

- Generalized Anxiety Disorder
- Sibling Relational Problem
- Language Disorder
- Childhood-Onset Fluency Disorder (Stuttering)
- none of the above

20. Which is family relational problem with siblings?

- V611.03
- V61.8