COURSES ARTICLE - THERAPYTOOLS.US

Print Test

1. Some researchers say there's a 75 percent chance today that one partner will have an affair during a marriage.

   True
   False

2. There are seven categories of infidelity.

   True
   False

3. Nonsexual behavior that involves sharing intimate feelings and thoughts with a non-spouse or partner, is a behavior indicator of infidelity.

   True
   False

4. One spouse or partner takes less interest or reduction of planning and talk about the future together, is not a sign of infidelity.

   True
   False

5. Spouse or partners attempt to meet each other's emotional and physical needs, is a short term goal.

   True
   False

6. Spouse or partners agree on proper emotional, social, and sexual limits with others such as acceptable and prohibited behavior, is an intervention.

   True
7. Each spouse or partner agree not to make threats about the safety of others, is an intervention.

True
False

8. Unfaithful spouse or partner(s) agrees to openly admit to involvement in infidelity, is a short term goal.

True
False

9. Agree with spouses or partners that the therapist will not agree to secrecy with either, only establishing therapist's role as working toward the mutual well-being of the couple, is short term goal.

True
False

10. Encourage unfaithful spouse or partner to take full responsibility for the affair and to apologize directly for the pain this decision caused to the offended spouse or partner, family, and friends, is an intervention.

True
False

11. Encourage offended spouse or partner to show a degree of acceptance of the apology from the unfaithful spouse or partner and to use this step to signify a beginning of the process of forgiveness even though offended and anger are understandably is still present.

True
False

12. Assess pre-affair functioning by asking each spouse or partner for relationship history, is a short term goal.

True
False

13. Initiate a verbal commitment from the unfaithful spouse or partner to implement the stop and share technique, is a long term goal.

True
False
14. Assess pre-affair functioning by asking each spouse or partner for relationship history, is an intervention.

True
False

15. Assess the immediate highs and lows in the marriage prior to this affair? Is an intervention.

True
False

16. Have each spouse or partner list exactly what changes each would like in order to feel more loved, respected, or committed, is short term goal.

True
False

17. List observable increases in positive behavior rather than decreases in negative behavior, is a long term goal.

True
False

18. Have the unfaithful spouse paraphrasing the content of offended spouse or partner's statements and reflect the emotional meaning, is a short term goal.

True
False

19. Establish an proper time frame for ending or reducing repeated questioning about the affair, is a long term goal.

True
False

20. Help the couple devise a plan for reclaiming places, people, or events affected by affair, is an intervention.

True
False

Copyright 2011 THERAPYTOOLS.US All rights reserved