COURSES ARTICLE - THERAPYTOOLS.US

Print Test

1. Assess the possibility of resolving the differences in the marriage or relationship, and review the pros and cons of remaining married or together: is a short term goal.

True
False

2. Consistently maintain -the best interests of the children- as paramount, and act regardless of the final fate of the marriage: is a long term goal.

True
False

3. Each spouse or partner defines and expresses facts and feelings regarding own emotional stability, physical health, vocational satisfaction, and any conflicts regarding divorce (religious or spiritual): is a short term goal.

True
False

4. If significant emotional, medical, or vocational problems predate the serious relationship conflicts, encourage the couple to agree to postpone the divorce or separation decision until this predated problems have been resolved: is a long term goal.

True
False

5. Help couple acknowledge that there is no real interest in marital therapy counseling to improve the marriage but only interest in pre-divorce treatment: is a long term goal.

True
False

6. Encourage the couple to cooperate with psychological testing to assess the degree of acceptance of the decision to divorce: is a short term goal.
7. Describe the initial development, and present state of the relationship: is a long term goal.

True
False

8. Resolve the confusion and turmoil created by the separation: is a long term goal.

True
False

9. Describe any suspicions about the other spouse or partner having had an affair: is a short term goal.

True
False

10. Help each spouse or partner describe and express any incidents of physical, sexual, or emotional abuse or intimidation by other: is a short term goal.

True
False

11. List the members of their extended family who have broken committed relationships, and discuss the impact that this history may have on a decision to divorce: is a long term goal.

True
False

12. Help each learn how to cope with the losses that separation might entail: is a long term goal.

True
False

13. Identify and express any cultural, ethnic, or religious beliefs that may have an impact on a decision to divorce: is a long term goal.

True
False

14. Have the couple identify how he or she behaved in ways that has improved the relationship, and how he or she has behaved in ways that harmed the relationship: is a short term goal.
15. Help each learn to express empathy for each other while each states how divorce will impact personal and social life, immediate and extended family relationship, and spirituality: is a short term goal.

16. Have the couple define and express a commitment to be sensitive to their children’s thoughts and feelings, needs, and feelings during this time of turmoil and insecurity: is a short term goal.

17. Help couple adequately mourn the end of the marriage to facilitate cooperation in reaching a fair divorce agreement: is a long term goal.

18. Minimize conflict, hurt, and angry feelings between the couple: is a short term goal.

19. Help couple establish and maintain healthy co-parenting practices: is a short term goal.

20. Help couple rediscover affectionate feelings, and help them renew commitment to each other to work toward resolution of conflicts: is a long term goal.