1. Sexual dysfunction or sexual malfunction (see also sexual function) refers to a difficulty experienced by an individual or a couple during any stage of a normal sexual activity, including desire, arousal or orgasm.

   True
   False

2. Sexual desire disorders or decreased libido are characterized by a lack or absence for some period of time of sexual desire or libido for sexual activity or of sexual fantasies.

   True
   False

3. Increase desire for enjoyment of sexual activity is a long term goal.

   True
   False

4. Increase physiological arousal during sexual intercourse is a short term goal.

   True
   False

5. Explore the history of the sexual relationship and identify and define where conflicts about sexual matters originated is a long term goal.

   True
   False

6. Identify and list any positive aspects of the nonsexual portion of the relationship is a short term goal.

   True
7. Help couple learn to communicate openly and without criticism, especially about sexual matters is a long term goal.

8. Help couple develop an accepting attitude toward changes in the intensity and frequency of sexual activity across a life stages is a long term goal.

9. Help couple develop an accepting attitude toward variety in normal sexual activity is a short term goal.

10. Verbalize and define any feelings regarding body image and how it may relate to sexual functioning is a long term goal.

11. Discuss and explore sensate focus activities with spouse or partner in therapy sessions, and modify sexual stimulation activities based on feedback from the couple is a long term goal.

12. Increase relationship satisfaction is a short term goal.

13. Reduce depressive behaviors or symptoms is a short term goal.

14. Increase both spouses or partners' self-esteem is a long term goal.
15. Express and define a new improved body image due to increased exercise, improved dress, and more healthy diet is a short term goal.